

# Katerina M. Gallus MD, FACS

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Restore SD Plastic Surgery

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## EDUCATION

Uniformed Services University of the Health Sciences  
*Doctor of Medicine* Bethesda, MD  
1997

Duke University  
*Bachelor of Science in Psychology, Concentration in Neuroscience* Durham, NC  
1993

## INTERNSHIP AND RESIDENCY

Indiana University  
*Plastic and Reconstructive Surgery Resident* Indianapolis, IN  
2004-2006

Naval Medical Center San Diego  
*General Surgery Resident* San Diego, CA  
2000-2004

Naval Medical Center San Diego  
*Transitional Intern* San Diego, CA  
1997-1998

## EMPLOYMENT EXPERIENCE

Restore SD Plastic Surgery  
*Owner* San Diego, CA  
2017- present

Naval Medical Center San Diego  
*Staff Plastic Surgeon* San Diego, CA  
2006-2017  
*Department Chair* 2013-2015  
*Specialty Leader* 2015-2017

Kaiser Permanente  
*Per Diem Plastic Surgeon* San Diego, CA  
2011-2017

Forward Operating Base Lagman  
*FST Surgeon* Afghanistan  
AUG2010- MAR2011

MSSG-15, 15<sup>th</sup> MEU  
*General Medical Officer* Camp Pendleton, CA  
1998-2000

## BOARD CERTIFICATION

American Board of Surgery, Certified 2005

American Board of Plastic Surgery, Certified 2007, Recertified 2016

## LICENSURE

Current California Unrestricted State License

Current Unrestricted DEA License

## PROFESSIONAL SOCIETIES

Fellow, American College of Surgeons

Member, American Society of Plastic Surgeons

Member, American Society for Aesthetic Plastic Surgery

Chair, Women Plastic Surgeons Steering Committee (elected)

Chair, Ethics Committee, ASPS (elected) 2019-2020

Board Member, California Society of Plastic Surgeons

Member, San Diego Plastic Surgery Society

Member, San Diego County Medical Society

Member, Young Plastic Surgeons Steering Committee 2012-2014

## ACADEMIC APPOINTMENTS

Assistant Professor, Uniformed Services University

Clinical Instructor, University of California San Diego

## LEADERSHIP POSITIONS

Chair, Women Plastic Surgeons ASPS

2021/2022

*Co-chair of annual Enrichment retreat which had record number of attendances in 2021 with 280 registrants for the virtual meeting; organized annual activities for annual PSTM, continue to communicate and collaborate with ASPS leadership.*

Co-Chair, ASPS Spring Meeting Practice Management

2022

*Co-chair of annual meeting, including planning, creating agenda, and executing first ever virtual stand-alone day.*

Co-Chair, Practice Innovations, ASPS

2021

*Co-chair of annual meeting, including planning, creating agenda, and executing first ever virtual stand-alone day.*

Nominating Committee, ASPS

2021

*West Regional Representative serving on the national search committee that vets talent for elected positions for the American Society of Plastic Surgeons.*

Chair, Ethics Committee, ASPS

2019-2020

*Elected position, receives and reviews complaints regarding conduct of members with respect to the Society's Bylaws and Code of Ethics, assigns complaints alleging*

*violations to committee members and refers cases to Judicial Counsel in along with consultation with legal counsel.*

Visiting Professor, ASPS 2019-2020  
*Selected as a Visiting Professor for ASPS, speaking both in person at multiple institutions and the Northwest Society of Plastic Surgeons meeting and reaching additional institutions during the pandemic by lecturing virtually.*

Vice Chair, Women Plastic Surgeons ASPS 2017-2020  
*Co-chair of annual Enrichment retreat which had record number of in person attendances in 2020; organized annual activities for annual PSTM.*

Specialty Leader, Navy Medicine, Plastic Surgery 2015-2017  
*Selected plastic surgeon subject matter expert and specialty advocate, leading community management, setting accession and performance standards, and providing advice to Chief, BUMED and Chief of Medical Corps on plastic surgery related issues for the United States Navy.*

Transitional Year Intern Program Director 2012-2016  
*Supervise curriculum design, educational activities, schedule creation, training and evaluation of 22-26 PGY1 trainees in accordance with ACGME and Navy guidelines.*

Department Chair, Plastic Surgery Department, NMCS D 2013-2015  
*Supervised and managed the Plastic Surgery and Wound Care Department to include 9 civilian and 6 Active Duty Personnel in providing care to 2000 patients per year.*

ASPS Task Force on Professionalism, Member 2014- 2015  
*Team member involved in designing means to maximize professionalism in ASPS member surgeons.*

Medical Records Review Committee Chair 2012- 2013  
*Supervised the process for which forms are generated, revised, or discontinued, addressed chart completion by credentialed providers to ensure hospital remains within Joint Commission standards; acted as liaison between credentialed providers and patient administrative staff.*

Assistant Department Chair, Plastic Surgery Dept, NMCS D 2011- 2013  
*Assisted in managing the Plastic Surgery and Wound Care Department to include 10 civilian and 5 Active Duty Personnel in providing care to 2000 patients per year.*

GMEC member, NMCS D 2008-2016  
*Member of the board which oversees twenty graduate medical education programs in providing fully accredited training in the setting of patient safety and quality care.*

Project C.A.R.E. Team, NMCS D 2007-2017

*Initiating member of a multidisciplinary team that helps traumatically wounded recover, both physically and emotionally, with state-of-the-art treatment.*

Microvascular Surgery Instructor 2007-2017  
*Instructor in microvascular surgical technique for 20 residents annually.*

Chair, Craniofacial Team, NMCSO 2009- 2012, 2013  
*Supervise the care provided by 10 disciplines to over 400 craniofacial patients and ensure our continued recognition as a nationally recognized Cleft Team*

#### CLINICAL RESEARCH

Reghunathan, Meera, Chen, Wendy, Kanth, Adithi, **Gallus, Katerina** "Factors Affecting Female Plastic Surgeons' Decision to Pursue and Maintain an Academic Career: A Qualitative Analysis" Best Paper Presentation Plastic Surgery The Meeting 2021

Reghunathan, Meera; Parmeshwar, Nisha; **Gallus, Katerina M.**, Gosman, Amanda A. "Diversity in Plastic Surgery: Trends in Female Representation at Plastic Surgery Meetings.", *Annals of Plastic Surgery*, 84(5S): S278-S282, May 2020

**Gallus, K**, Goldberg, K, Field R. "Case Report: Functional Improvement Following Diastasis Rectus Abdominus Repair in an Active-Duty Female.", *Military Medicine*, 181, 8: e952-e954, 2016.

Protocol S-13-004 "Fractional Ablative Laser-Assisted Tissue Expansion in a Porcine Model, a Pilot Study" – Assistant Investigator

Reviewer, *Military Medicine Journal*

Reviewer, *PRS Global Open Journal*

Reviewer, *Plastic and Reconstructive Surgery Journal*

#### POSTER PRESENTATIONS

"PGY1 Patient Safety Initiative: Hand Hygiene Education and Monitoring Program" presented at Association of Hospital Medical Education Institute, May 2014

"Decision Factors and Outcomes Related to Late-Occurring Amputations Following Combat Injuries" presented at Military Health Systems Research Symposium, August 2014

"My Mistakes: Integrating Quality Improvement into the Transitional Year Program" presented at Association of Hospital Medical Education Institute, May 2015

## INVITED LECTURES

*"Starting from Scratch, the Nuts and Bolts of Starting Your Own Practice"* Grand Rounds, University of California, San Diego December 2021

*"Breast Implant Removal and BIA-ALCL Update" and "Starting a Private Practice from Scratch" (virtual meeting)* University of Nebraska May 2020 (ASPS Visiting Professor 2019-2020 series)

*"Breast Implant Removal and BIA-ALCL Update" (virtual meeting)* University of Colorado, University of Utah, University of Las Vegas Nevada, University of Arizona, Mayo April 2020 (ASPS Visiting Professor 2019-2020 series)

*"Current Concepts in Neuromodulators and Fillers" and "Injectable Fillers: What to do When it Goes Wrong" (virtual meeting)* University of California, Irvine, University of Washington March 2020 (ASPS Visiting Professor 2019-2020 series)

*"Starting a Private Practice from Scratch" (virtual meeting)* Emory University, University of Florida, Vanderbilt University March 2020 (ASPS Visiting Professor 2019-2020 series)

*"Breast Implant Removal and BIA-ALCL Update" and "Injectable Filler: What to do When it Goes Wrong"* Northwestern Society of Plastic Surgeons Annual Meeting, February 2020 (ASPS Visiting Professor 2019-2020 series)

*"Current Concepts in Neuromodulators and Fillers" and "Minority Report: Gender Bias in Plastic Surgery"* Wayne State, October 2019 (ASPS Visiting Professor 2019-2020 series)

*"Starting a Private Practice from Scratch" and "Current Concepts in Neuromodulators and Fillers"*, University of California, Los Angeles, September 2019 (ASPS Visiting Professor 2019-2020 series)

*"Best Practices for Building your Online Brand", "Want Ad, Resumes and Offers, Oh My."*  
Practice Innovations, ASPS Spring Meeting, March 2019

*"Starting a Private Practice from Scratch"*, Grand Rounds, UCSD Clinical & Teaching Conference, Division of Plastic Surgery, October 2018

*"Implant Options: What's New"*, Plastic Surgery, The Meeting, September 2018

*"Plastic Surgeon Match: Leverage the Power of the ASPS Brand"*, Plastic Surgery, The Meeting, September 2018

*"Starting a Private Plastic Surgery Practice from Scratch, Pearls and Pitfalls", The Aesthetic Meeting, April 2018*

*"Work Life Balance and Burnout for the Plastic Surgeon", Grand Rounds, UCSD Clinical & Teaching Conference, Division of Plastic Surgery, August 2017*

*"Work Life Balance and How to Avoid Burnout", CSPA Annual Meeting, May 2017*

*"Inclusion, Exclusion, Illusions and Delusions: Diversity and Cultural Competence in Plastic Surgery: Why it Should Matter to You", ASPS Instructional Course, September 2016*

*"Burn Basics", Command Grand Rounds, Naval Medical Center San Diego, August 2016*

*"Professionalism", Grand Rounds, NMCS General Surgery, September 2015, 2016*

*"Current Concepts in Neuromodulators and Fillers" Grand Rounds, UCSD Clinical & Teaching Conference, April 2016*

*"Plastic Surgery on the Battlefield" ASPS YPS Session and Medical Student Day, October 2013*

*"Plastic Surgery on the Battlefield" ASPSN Session, October 2013*

*"Plastic Surgery Case Studies: OEF" Grand Rounds, UCSD Clinical & Teaching Conference, Division of Plastic Surgery, November 2011*

*"Breast Reconstruction", Grand Rounds, General Surgery, NMCS, March 2010*

## FEATURED ARTICLES

*"Annual Plastic Surgery Meeting Makes Strides in Speaker Diversity" Doximity*  
[https://www.doximity.com/doc\\_news/v2/entries/14447616](https://www.doximity.com/doc_news/v2/entries/14447616)

*"Starting a Private Plastic Surgery Practice from Scratch" Doximity*  
[https://www.doximity.com/doc\\_news/v2/entries/12314760](https://www.doximity.com/doc_news/v2/entries/12314760) , May 2018

*"Guns and Roses" featured in PRSonally Speaking,*  
<https://prsonallyspeaking.wordpress.com/>, April 2016

*"Military Plastic Surgeons Balance Duty to Patients and Country" by Keith Loria,*  
Plastic Surgery News, October/November 2014

*"The Last Stitch, Surgeon Spotlight"*, Plastic Surgery News, June 2014